

Trans Fat Help

Contact

Call 8-1-1 to speak to a HealthLink BC dietitian about how to restrict trans fat in your food service.



- Food service operators and others with a business in the food industry can call 8-1-1 toll-free in BC for information on trans fat.
- Ask to speak to a HealthLink BC dietitian. Translation services are available in over 130 languages. HealthLink BC dietitians are available weekdays from 9:00 a.m. to 5:00 p.m. to answer your questions about the new trans fat regulation and related food handling practices.
- If a dietitian is not available to take your call right away, you may leave a message and your call will be returned within one business day.
- Businesses with offices outside BC that distribute products to BC restaurants can reach Dietitian Services at HealthLink BC by calling 1-604-215-8110.

Add a Product to the Product List:

If you would like to submit a product that meets the trans fat restrictions, download the **Product List Application** or email feedback@restricttransfat.ca.

If you have any questions or comments in regard to this website, please email feedback@restricttransfat.ca.

We will respond to your email or request within five business days.