

Trans Fat Help

HOW TO ADD A PRODUCT TO THE TRANS FAT PRODUCT LIST

The Trans Fat Product Lists are a resource for Food Service Operators. All products listed meet the trans fat restrictions of 2% or 5% or less trans fat of total fat content in accordance with the BC trans fat regulation. Products are listed based upon the percentage of saturated fat and then alphabetically.

To submit a product for the Trans Fat Product List, please complete the following three steps:

1. Ensure your product is appropriate for the Trans Fat Product List. **ONLY** products that fit into one of the following categories are included on the Trans Fat Product List:

Meets the trans fat restriction of 2% or less trans fat of total fat	Meets the trans fat restriction of 5% or less trans fat of total fat
<ul style="list-style-type: none">• Low-Stability Vegetable Oils (<i>used for marinades, sautéing, stir-frying and occasional deep-fat frying</i>)• Mid-Stability Vegetable Oils (<i>used for deep-fat frying</i>)• High Stability Vegetable Oils (<i>used in deep-fat frying</i>)• Margarines- Soft, Spreadable	<ul style="list-style-type: none">• Liquid Butter Substitutes• Shortenings- All Purpose• Shortenings- Cake & Icing• Shortenings- Doughnut Fry• Shortenings- Pastry• Margarines- All Purpose Baking• Margarines- Laminate (Hard)• Animal Fats*

2. Please fill in the attached Product Information Form for **EACH** product submitted.
3. In addition, for **EACH** product submitted, please include an electronically scanned or faxed copy of:
 - the **complete list of ingredients** as it appears on the label and the **Nutrition Facts table**, or
 - the **Product Specification Sheet**.

Please include a name and contact number with your Trans Fat Product List submission.

When you submit an item, your request will be reviewed. If all of the necessary information is provided, the item meets the trans fat restrictions and fits into one of the categories listed above, your item will be added to the Trans Fat Product List as soon as possible. We reserve the right not to include your product on the Trans Fat Product List.

Please submit all requests to add products to the Trans Fat Product List to feedback@restricttransfat.ca or fax to 250.952.1570, attention "Trans Fat Product List."

**Animal fats that do not contain the terms "hydrogenated," "partially hydrogenated," "margarine" or "shortening" in the ingredients list do not have to meet the trans fat restrictions, as all trans fat in the product is naturally-occurring. Animal fats that have the terms "hydrogenated," "partially hydrogenated," "margarine" or "shortening" in the ingredients list must meet the 5% trans fat restriction*

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PRODUCT INFORMATION FORM		
Product Brand Name:		
Manufacturer Name:		
Distributor Names:		
Ingredients: <i>(as it appears on the label)</i>		
Trans Fat Percentage:		
Saturated Fat Percentage:		
Primary Product Use	Please indicate with an "x" the primary category under which the product should be listed – make one selection only.	"X"
	<i>Liquid Butter Substitutes</i>	
	<i>Low-Stability Vegetable Oils</i>	
	<i>Mid-Stability Oils</i>	
	<i>High Stability Vegetable Oils</i>	
	<i>Shortenings – All-Purpose</i>	
	<i>Shortenings – Cake & Icing</i>	
	<i>Shortenings – Doughnut Fry</i>	
	<i>Shortenings - Pastry</i>	
	<i>Margarines – All-Purpose Baking</i>	
	<i>Margarines – Laminate (Hard)</i>	
	<i>Margarines – Soft and Spreadable</i>	
	<i>Animal Fats</i>	
CONTACT INFORMATION:		
Name:		
Position:		
Phone/Fax Number:		

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